Welcome to the Lions District 24D Family Diabetes Camp Program

This camp originated from a program at Chesapeake General Hospital’s, Lifestyle Center more than 20 years ago. In 1996, the Lions of District 24D partnered with the hospital to start our first weekend-long overnight event. Today the camp is sponsored by District 24D Lions clubs with volunteer medical assistance from Chesapeake Regional Hospital, Children’s Hospital of the Kings Daughter, Naval Hospital, and other local medical facilities.

The experiences from our camping program will benefit campers for years to come. Lion’s Family diabetes camp will:

- Provide a safe and stimulating learning experience for campers.
- Teach children and teens how to manage their diabetes while maintaining an active lifestyle.
- Provide the opportunity to meet other kids with diabetes for friendship and peer support.
- Promote self-confidence and independence, which is needed to deal with the challenges of diabetes.

THE STAFF
The camp’s medical staff includes physicians, registered nurses, registered dietitians, certified diabetes educators, aerobic instructors, and exercise physiologists. These diabetes specialists help campers to learn how to manage their diabetes while away from home.

Camp Food service staff, activities directors, pharmacists, podiatrists, ophthalmologists, art instructors, aerobic instructors, and counselors complete the staff. Each staff member is dedicated to making camp a safe and fun filled learning experience.
LIONS’ FAMILY DIABETES CAMP  
Dates:  April 26, 27 and 28, 2013  
For kids between 6 -18 years of age  
with Type 1 or Type 2 Diabetes.  
Location:  Triple R Ranch  
3531 Bunch Walnuts Road  
Chesapeake, Virginia, 23322  

Cost:  $150.00 per camper includes all meals and snacks.  Heated cabins are provided and bunk beds.  We do require, each camper have a parent or guardian with them. Sleeping quarters are separated into male and female areas, each cabin has an adult chaperone.  
(parents of the opposite sex will be housed in separate cabins).  Please do not bring TV/VCR/CD players.  Board games are welcome.  

A limited number of scholarships are provided by the Lions clubs of District 24D, based on need financial need and availability. Written scholarship requests must accompany the registration form.  All registrations must be received by 1 April 2011.  

Campers will enjoy a weekend full of fun including horseback riding, canoeing, fishing, archery, wall climbing and more.  

Thousands of children with diabetes have participated in the Lions Family diabetes Camp over the years.  It is the only camp of its kind for children and teens with diabetes located in Tidewater Virginia area.  

The goal of the camp is to encourage children with diabetes to network with other children their own age who also have diabetes.  Notes Karen Bauer, a certified diabetes educator who volunteers at camp each year, “Young people are motivated by their peers. At camp, for instance many young campers decide to start giving their own injections, because the see that their new friends are doing it”.  

The camp also includes classes on diabetes management from certified diabetes educators for the diabetic child. Parents are requested to attend separate, parent only classes held on Saturday and Sunday mornings at 7pm.
For more information about attending camp call the following:

For a copy of the current year’s camp pamphlet, go to:
www.Lions-of-virginia-24d.org/forms/Diabetes Camp Brochure (Use 8 ½” by 14” paper)

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2010 Family Diabetes Camp attendees

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