

Welcome to the Lions District 24D Diabetes Family Camp Program



This camp originated from a program at Chesapeake General Hospital's, Lifestyle Center more than 21 years ago. In 1996, the Lions of District 24D partnered with the hospital to start our first weekend-long overnight event.

Today the camp is sponsored by District 24D Lions clubs with volunteer medical assistance from Chesapeake Regional Hospital, Children's Hospital of the Kings Daughter, Portsmouth Naval Hospital, and other local medical facilities.

The experiences from our camping program will benefit campers for years to come. Lion's Family diabetes camp will:

- Provide a safe and stimulating learning experience for campers.
- Teach children and teens how to manage their diabetes while maintaining an active lifestyle.
- Provide the opportunity to meet other kids with diabetes for friendship and peer support.
- Promote self-confidence and independence, which is needed to deal with the challenges of diabetes.
- Provide professional counseling for parents and children.

THE STAFF

The camp's medical staff includes physicians, registered nurses, registered dietitians, certified diabetes educators, aerobics instructors, endocrinologist and exercise physiologists. These diabetes specialists help campers to learn how to manage their diabetes while away from home.

Camp food service staff, activities directors, pharmacists, ophthalmologists, art instructors, councilors, Old Dominion University students and Lions member volunteers complete the staff. Each staff member is dedicated to making camp a safe and fun filled learning experience.



Lions Diabetes Family Camp

Dates: April 28, 29 and 30, 2017

For kids between 6 -18 years of age

Type 1 or Type 2 Diabetes.

Location: Triple R Ranch

**3531 Bunch Walnuts Road
Chesapeake, Virginia, 23322**

Cost: \$150.00 per camper includes all meals and snacks. Heated cabins are provided and bunk beds. We do require, each camper have a parent or guardian with them. Sleeping quarters are separated into male and female areas; each cabin has an adult chaperone. *(Parents of the opposite sex will be housed in separate cabins)*. Please do not bring TV/VCR/CD players. Board games are welcome.

A limited number of scholarships are provided by the Lions Clubs of District 24D, based on need financial need and availability. Written scholarship requests must accompany the registration form. All registrations must be received by 15 April 2017.

Campers will enjoy a weekend full of fun including horseback riding, canoeing, fishing, archery, wall climbing and more.

Thousands of children with diabetes have participated in the Lions Diabetes Family Camp over the years. It is the only camp of its kind for children and teens with diabetes located in the Tidewater Virginia area.

The goal of the camp is to encourage children with diabetes to network with other children their own age who also have diabetes. Young people are motivated by their peers. At camp, many of the young campers decide to start giving their own injections, because they see their new friends are doing it. Many other children derive their medication through insulin pumps. The camp provides qualified instructors on the use and maintenance of insulin pumps for a variety of manufactured devices.

The camp also includes classes on diabetes management from certified diabetes educators for the diabetic child. Parents are requested to attend separate, parent only classes held on Saturday and Sunday mornings at 7pm.

For more information about attending camp call the following:

Lion (PCC) Chet Kramer
Family Diabetes Camp Chairman
3009 Heritage Landing Rd.
Williamsburg, VA. 23185
E-mail: lioncpkramer@verizon.net
Phone: 757-681-3018

Lion Debbie Edwards
Family Diabetes Camp Co-Chair
721 Denver Avenue
Chesapeake, VA., 23322
E-mail: Liondeb@gmail.com
757-436-1241

For a copy of the current year's camp pamphlet and application, go to:

www.Lions-of-virginia-24d.org

Click on sitemap, then click on forms or Diabetes Camp Brochure

To print the Lions Diabetes Family Camp Brochure/Registration Form
(Use 8 1/2" by 14" paper)



Family Diabetes Camp attendees